

MENTAL HEALTH & SUICIDE PREVENTION: HOW MATES SUPPORTS YOUR BUSINESS



While MATES helps workers to play an active part in providing a mentally healthier workplace, MATES also supports businesses in doing their part.

BLUEPRINT FOR BETTER MENTAL HEALTH AND SUICIDE PREVENTION (THE BLUEPRINT)

01

The blueprint is a guide for businesses. It provides a framework of various activities that have proven to improve mental health and wellbeing in the workplace. The activities in the blueprint are suitable for both large and small workplaces. By being a partner in the blueprint, you will get an assessment of your current activities and suggestions for additional activities that will support you in creating a mentally healthy workplace.

INDIVIDUALISED SUPPORT

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MATES has a dedicated Industry Engagement Coordinator focused on supporting businesses in achieving better mental health and suicide prevention, tailored to the specific needs of your business.

INTEGRATING WITH EAP

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If your business has an Employee Assistance Program (EAP), MATES can help you get better value from the support offered by this program.

REPORTING AND CERTIFICATES

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MATES provides businesses with activity reports, certificates for Blueprint Participation and Site Accreditation. Several clients, including Government clients, are seeking social responsibility in their supply chain and supporting documentary evidence.

SOCIAL PARTNERSHIP

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MATES has an Industry Partnership program providing support for businesses who want to make mental health and suicide prevention a social value for their company. It allows businesses to describe themselves as a MATES partner.



What is the cost of MATES?

MATES IS A FREE SERVICE TO WORKERS AND EMPLOYERS ACROSS THE BUILDING AND CONSTRUCTION INDUSTRY.

THE COST OF THE MATES SERVICE IS ONLY THE TIME AND EFFORT REQUIRED TO IMPLEMENT THE PROGRAM IN YOUR BUSINESS AND ON YOUR SITES.

Nothing in this world is truly free. MATES relies on the generosity of our industry, governments, workers, and businesses such as yours to be able to provide these services to the industry. MATES are supported financially by the Building Employees Redundancy Trust, Construction Skills Queensland, BUSSQ Superannuation, Energy Super, Contracting Industry Redundancy Trust, Office of Industrial Relations, Department of Public Works, and the Commonwealth Department of Health to mention a few. We are also supported by a large number of businesses in the industry.

YOUR BUSINESS CAN ALSO SUPPORT MATES:

INDUSTRY PARTNERSHIP

01

A formal partnership between MATES and your business for support.

FRIENDS OF MATES

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Friends of MATES is an individualised giving program you and your workers can join for as little as the price of a cup of coffee per week.

SPONSORSHIPS

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You can sponsor a MATES event such as our annual charity lunch.

MATES FUNDRAISING EVENTS

04

You can participate in our corporate fundraising events, such as the annual Kokoda Trek and Golf days, where you as a business participate in the fundraising for MATES.

YOUR FUNDRAISING EVENTS

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Whether organising a corporate fundraising event or supporting fundraising events on your worksites, you'll be contributing to the work of MATES.

You can be engaged with MATES in many different ways – you can make MATES available to your workforce on site, you can take on MATES as a value for your business and you can support the work of MATES financially. As part of the construction industry, MATES is your organisation.

TO FIND OUT MORE, GET IN TOUCH TODAY